

Rajasthan Association of Georgia

Seventeenth Literacy Committee Newsletter

Literacy Secretary: Rakhi Poonia (2020-21)

How to become an optometrist in Atlanta and in Georgia?

Today's newsletter required extensive as well as intensive research and analysis on my part.

I researched that being an optometrist in Atlanta and in Georgia is a white collar and high paying job.

Introduction

This newsletter answers questions like who is an optometrist? What are his duties? How to become an optometrist in Atlanta and in Georgia? What are degree requirements of an optometrist in Atlanta and in Georgia? How much do they get paid?

This newsletter answers questions like who is an optometrist?

I researched extensively and intensively on google.com and found that:

a. "Optometry is a healthcare profession that is autonomous, educated, and regulated (licensed/registered), and optometrists are the primary healthcare practitioners of the eye and visual system who provide comprehensive eye and vision care, which includes refraction and dispensing, detection/diagnosis and management of disease in the eye, and the rehabilitation of conditions of the visual system."

What are optometrist's duties?

I researched on jobdescriptions.careerplanner.com/Optometrists.cfm and found that amongst optometrist's duties include to:

- 1. "Examine eyes, using observation, instruments and pharmaceutical agents, to determine visual acuity and perception, focus and coordination and to diagnose diseases and other abnormalities such as glaucoma or color."
- 2. "Analyze test results and develop a treatment plan."
- 3. "Prescribe, supply, fit and adjust eyeglasses, contact lenses and other vision aids."

Which college and university to study at to become an optometrist in Atlanta and in Georgia?

I researched and found the following universities:

a.



Full Sail University

Visit www.fullsail.edu

b.



Post University. www.post.edu

c.



d.



Emory University Atlanta, GA

e.

Ogeechee Technical College Statesboro, GA





f.

Georgia Piedmont Technical College Clarkston, GA



g. Wiregrass GeorgiaTechnicalCollege Valdosta, GA

What are degree requirements of an optometrist in Atlanta and in Georgia?

I researched and found an answer to this question on study.com website, "https://www.wikihow.com/Become-an-Optometrist."

- a. "Obtain a bachelor's degree in pre-med or science. Before you can apply to an optometry program, you need to complete an undergraduate degree."
- b. "Most optometry schools require coursework in biology, chemistry, physics, English, and mathematics. A pre-med degree or degree in biological science will help prepare you for med school."
- c. "Get a well-rounded undergrad education and work hard to get good grades! Medical schools will want to see that you take your education seriously."
- d. "Tell your advisor or counselor that you're thinking about becoming an optometrist and ask what courses you should be taking. Check the requirements at the optometry programs you plan on applying to, so you don't accidentally miss any courses."
 - f. "You can try to get a job or volunteer your time. Do not worry if you cannot find a practice to work for on your first try. Keep looking and meeting as many optometrists as you can, and an opportunity will come up."
 - g. "Complete a Doctor of Optometry Program. Your program will include both core classes in a classroom

setting and hands-on experience through clinics. These programs will need to be completed at an accredited optometry school and take four years to complete. It sounds like a long time, but if it's your dream to be an optometrist, you'll be done before you know it and out helping people in no time."

- h. "Pass the Optometry Admission Test (OAT). This test is required when applying to accredited optometry programs and will assess your knowledge of science, along with your comprehension and reasoning skills. Tests are administered year-round at Prometric Test Centers. Performing well will increase your likelihood for acceptance, so study hard and do your best. Don't stress yourself out too much, though; remember that this test, like all of your rigorous education, is all geared to make you the best optometrist you can be."
- i. "Consider enrolling in an OAT preparatory course to perfect your test-taking skills and improve your overall performance. Don't feel bad about asking for more help if you need it"
- j. "Take the licensing exam. Yes, one more test! You might be tired of taking optometry exams by this point, but you are almost there, and every state and country requires this license to practice optometry, so you can't get out of this one! You must have completed your O.D. (Doctor of Optometry) program before obtaining a license. Additionally, you will have to complete an exam given by a national board of professionals."

- k. "The exam will contain a written and clinical portion as part of the licensure process."
- 1. "Some states also require that you take an additional examination before getting your license in that particular state."
- m. "Continue to meet the requirements to renew your license. You will probably have to keep gaining knowledge throughout your career to meet the requirements to renew your license. In the US, all states require that optometrists must take continuing education classes to keep their license up to date. This is a great opportunity to keep learning throughout your life and make sure that you're always at the top of your game as a doctor."
- n. "Decide whether to join a practice or start your own. Optometry is a great field to go into; it is continuing to grow and offer good job prospects. Most optometrists do not have problems finding a job. You should decide if you want to join a practice or start your own. Many people work alongside another optometrist for a while before opening their practice, which is a great way to learn from a veteran before starting on your own."
- o. "Complete a postgraduate residency program if you want. You can advance your career and make yourself even more marketable by becoming a specialist. Once you finish your four-year degree, you can do an additional one-year residency for a specialization. Residency programs allow optometrists to gain practice working in the field under the guidance of professionals and to advance their skills. It's more work, but

specializing in an area you're passionate in, such as pediatric or geriatric optometry, will lead you to a career that's even more fulfilling."

- p. "Residency programs should be recognized by the Accreditation Council on Optometric Education (ACOE)."
- q. "Examples of residency programs include ones in low vision rehabilitation, pediatric optometry, geriatric optometry, ocular disease, and family practice."
- r. "Get certified by a national organization if you wish. As you go through your career, you may want to try to get certified by a national organization. Multiple organizations offer certifications or fellowships. To receive one of these prestigious honors, you must meet strict guidelines and demonstrate your passion to the field and patients. This is a great chance to keep pushing yourself in your career and earn an expert's confirmation on something you already knew: that you're a great optometrist."

How much do optometrists get paid?

I researched on salary.com and found that:

- a. "The average Optometrist salary in Atlanta, GA is \$124,516 as of May 28, 2020, but the range typically falls between \$110,256 and \$137,991."
- b. "Salary ranges can vary widely depending on many important factors, including education, certifications, additional skills, the number of years you have spent in your profession."

8-year old Aaron Poonia has assembled pictures of optometrists in Atlanta and in Georgia in this chapter.

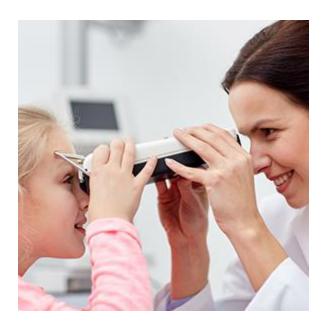
Congratulations Dr. Glenda Brown! "Optometrist of the Year" - Georgia Optometric Association











Conclusion

In conclusion, optometrists get paid very highly in Atlanta and in Georgia. Being an optometrist is a white-collar job. optometrists are skilled. They are in great demand in Atlanta and in Georgia.

About RAJA Literacy Secretary 2020-21 Rakhi Poonia



Rakhi Poonia is literacy secretary of Rajasthan Association of Georgia 2020-21. She is a recipient of 2009 David Gould Scholarship sponsored by American Society for Public Administration. She is also a recipient of Pi Alpha Alpha (2006) for Public Service sponsored by Northern New Jersey chapter, USA.

She holds a Master's in history from University of Delhi (India) and Master's in Public Administration from University of Rajasthan, India.

Rakhi has also taught courses in Political Science at Rutgers the State University of New Jersey 2004-2008.

She has published 50 books on amazon.com as literacy secretary of RAJA. Pictures in most of her books are assembled by 8-year-old Aaron Poonia. Her books cover a variety of subjects like business, children's books, public service books, and education books. Rakhi Poonia books are available on amazon.com.

She has added 4 new public service books on amazon.com this week.

She lives in Atlanta, Georgia with her husband Engineer Anil Poonia and eight-year-old son Aaron Poonia. Aaron is an extraordinary child and a recipient of Star Galaxy award 2020 at Settles Bridge Elementary School. He always makes his parents proud.

Rakhi Poonia writes business books as literacy secretary of RAJA to generate employment among youth. To build human resource capital. To help small and medium sized businesses

move forward and generate profits. To help those who want to dream big and work towards their goal.

Rakhi Poonia writes children's books because children are our future. Child is father of man. To make a child smile is the biggest wealth. Children are gift of god. The way a society treats its children speaks volumes about that society.

Rakhi Poonia writes public service books to instill value of public service amongst RAJA youth.

Rakhi Poonia writes education books to help RAJA youth attain their education goals.

To buy her books type rakhi poonia books in search section of amazon.com

Obituary:



Sahabzade Irfan Ali Khan (7 January 1967 – 29 April 2020), "known professionally as Irrfan Khan or simply Irrfan, was an Indian actor who worked in Hindi cinema as well as British and American films." (Source: Wikipedia).

He was from Tonk, Rajasthan. He was alumnus of Rajasthan University.

I researched on Wikipedia and found that "he was one of the finest actors in Indian cinema, Khan's career spanned over 30 years and earned him numerous accolades, including a National Film Award, an Asian Film Award, and four Filmfare Awards."

"In 2011, he was awarded the Padma Shri, India's fourth highest civilian honour." R.I.P. talent lives on.